

SALAD BOWL AS A MEAL PACKAGES

SERVED WITH PITA BREAD

TRY OUR SALAD BOWLS WITH A LITTLE SOMETHING EXTRA. WITH ASSORTED COOKIE TRAY AND DRINKS 2/PERSON WITH FRESH FRUIT. ASSORTED COOKIES AND DRINKS 5/PERSON

GREEK FARMERS MARKET SALAD **VEG GF** 9

Crisp garden greens, feta, sliced mushrooms, cucumber, tomato and Greek olives served with house herb vinaigrette dressing on the side

- add grilled chicken breast (All Natural Chicken) 2
- add grilled shrimp 3
- add seasoned lamb and beef 3

SOUTHWESTERN CAESAR SALAD **VEG** 9

A spicy twist on the traditional Caesar, with roasted corn and tomato, served with creamy chipotle chili dressing on the side

- add grilled chicken breast (All Natural Chicken) 2
- add grilled shrimp 3
- add crab cakes 3

KALE SALAD **VEG GF** 10

Golden raisins, dried cranberries, Parmesan and candied walnuts in a lemon zest roasted garlic vinaigrette

- add grilled chicken breast (All Natural Chicken) 2
- add grilled shrimp 3
- add grilled salmon 4

ORGANIC QUINOA SALAD **VEG GF** 10

Roasted zucchini, broccoli, red bell pepper, red onion, cauliflower and arugula, tossed in a lemon zest and roasted garlic vinaigrette dressing

- add grilled chicken breast (All Natural Chicken) 2
- add grilled shrimp 3
- add grilled salmon 4

BLACK BEAN ORZO PASTA SALAD **VEG** 9

A refreshing blend of orzo pasta, red onion, black beans, red and green bell pepper tossed in cilantro-lime-jalapeño dressing

- add grilled chicken breast (All Natural Chicken) 2
- add grilled shrimp 3

TOSTADA SALAD **VEG GF** 9

A fresh blend of black beans, roasted corn, tomato and scallion tossed in a cilantro-lime-cumin dressing and served on a bed of mixed greens with homemade tortilla chips

- add grilled chicken breast (All Natural Chicken) 2
- add grilled shrimp 3



CATERING

MINIMUM OF 8 IS REQUIRED FOR ALL CATERING ORDERS

SANDWICH TRAYS & BOXES

SANDWICH TRAYS OR BOXES 8.50/PERSON

A variety of signature sandwiches on wheat, baguette, wheat wrap and focaccia served on choice of a party tray or as individually boxed meals

WRAP TRAYS OR BOXES 8.50

A variety of signature whole wheat wraps served on choice of a party tray or as individually boxed meals

TRY OUR SANDWICHES OR WRAPS WITH A LITTLE SOMETHING EXTRA.

WITH CHIPS AND ASSORTED COOKIES - 10
WITH FRUIT OR PASTA AND ASSORTED COOKIES - 11
WITH FRUIT OR PASTA, CHIPS, ASSORTED COOKIES AND DRINKS OR ICED TEA WITH CUP AND ICE - 12

SIGNATURE SANDWICH & WRAP CHOICES

LOCAL TABLE'S CLASSIC GRILLED CHICKEN BAGUETTE

Grilled chicken breast, provolone, roasted red bell pepper, pesto spread, light mayo and mixed greens (All Natural Chicken)

SCANDINAVIAN BAGUETTE

Imported ham, turkey, cheese, lettuce, tomato and light mayo

SMOKED TURKEY BAGUETTE

Provolone, lettuce, tomato and light mayo

SMOKED TURKEY FOCACCIA

Provolone, avocado, arugula and sun-dried tomato pesto spread

SMOKED TURKEY BREAST ON WHEAT

Lettuce, tomato, mayo and provolone

SONOMA CHICKEN SALAD ON WHEAT (All Natural Chicken)

White meat chicken salad with apple, walnuts, arugula and celery

SONOMA CHICKEN SALAD ON CROISSANT (All Natural Chicken)

White meat chicken salad with apple, walnuts, arugula and celery

BAJA CHICKEN WRAP (All Natural Chicken)

Grilled chicken, black beans, avocado, lettuce, tomato, feta and chipotle chili sauce in a wheat tortilla

CHIPOTLE CLUB WRAP

Ham, turkey, Applewood-smoked bacon, cheddar, lettuce, tomato and chipotle chili sauce in a wheat tortilla

MEDITERRANEAN WRAP

Seasoned lamb and beef, tomato, onion, lettuce and Grecian sauce in a wheat tortilla

GARDEN OF EATIN' WRAP **VEG**

Zucchini, red bell pepper, black beans, lettuce, tomato, avocado and jalapeño hummus in a wheat tortilla

BEEF TENDERLOIN WRAP

Avocado, tomato, lettuce, and chipotle chili sauce in a whole wheat tortilla. Served with an iceberg wedge salad topped with chunky feta jalapeno dressing.

HOT APPETIZERS

MINI BEEF & CHICKEN SKEWERS **GF** (All Natural Chicken)

2 skewers

6/PERSON

SOHO SHRIMP & SAUSAGE SKEWER

WITH HONEY HABANERO SAUCE **GF**

3 skewers

6/PERSON

HICKORY SMOKED BARBECUE

BACON WRAPPED SHRIMP **GF**

3 shrimp

6/PERSON

QUESADILLAS WITH CHIPOTLE CHILI SAUCE & GUACAMOLE

beef, chicken or veggie (All Natural Chicken) 6/person

shrimp 7/person

MINI COCKTAIL MEATBALLS WITH MARINARA MOZZARELLA AND BASIL

6/PERSON

MINI CRAB CAKE BALLS

WITH CHIPOTLE CHILI SAUCE

5 crab cake balls

6/PERSON

SPINACH & ARTICHOKE DIP **VEG**

5.50/PERSON

Served with homemade tortilla chips, pico de gallo and homemade tzatziki

COLD APPETIZERS

TOSTADA SALSA **VEG**

5/PERSON

Served with homemade tortilla chips

BLACK BEAN ORZO PASTA SALAD **VEG**

4/PERSON

A refreshing blend of orzo pasta, red onion, black beans, red and green bell pepper tossed in cilantro-lime-jalapeño dressing

FRESH VEGETABLE TRAY **VEG GF**

5.50/PERSON

Served with a duo of feta ranch and jalapeño hummus dipping sauces

ASSORTED CHEESE & CRACKER TRAY

5/PERSON

FRESH FRUIT TRAY **VEG**

4/PERSON

Served with yogurt

TUSCAN HUMMUS **VEG**

4/PERSON

Served with pita triangles

JALAPENO HUMMUS **VEG**

4/PERSON

Served with pita triangles

FRESH FRUIT & CHEESE SKEWERS **VEG**

5/PERSON

3 skewers

VEG - Vegetarian GF - Gluten-Friendly
ORDER ONLINE AT LOCALTABLEHOUSTON.COM

FOR A LIST OF LOCAL SUPPLIERS
PLEASE VISIT OUR WEBSITE
WWW.LOCALTABLEHOUSTON.COM

ENTREE PACKAGES

INCLUDES PITA BREAD, ASSORTED MINI CARROT CAKES, MINI BROWNIES, CHEESECAKE BITES AND ASSORTED DRINKS OR ICED TEA
ADD OUR GREEK OR SOUTHWESTERN CAESAR SALAD FOR 2/PERSON
YOUR CHOICE OF ONE OF THE FOLLOWING HOT ENTREES:

KABOB PLATE **GF** 16

Choice of chicken kabob, beef kabob or a combination of both. Herb basmati rice and seasonal vegetables (All Natural Chicken)

MEDITERRANEAN GRILLED SALMON **GF** 17

Herb roasted new potatoes and seasonal vegetables

GINGER HONEY GLAZED SALMON 17

Basmati lentil rice and seasonal vegetables

SANTA FE GRILLED CHICKEN TERIYAKI 14

Herb basmati rice topped with black beans and pico de gallo, with seasonal vegetables (All Natural Chicken)

POBLANO GRILLED CHICKEN 14

Garlic mashed potatoes with poblano mushroom cream sauce and seasonal vegetables (All Natural Chicken)

SOUTHERN CHICKEN-FRIED CHICKEN 14

Garlic mashed potatoes with poblano mushroom cream sauce and green beans (All Natural Chicken)

BEEF TENDERLOIN & GRILLED CHICKEN FAJITAS 16

Spanish rice, black beans, guacamole, pico de gallo, flour tortillas and salsa (All Natural Chicken)

MAMA'S CERTIFIED ANGUS MEATLOAF 14

Garlic mashed potatoes with poblano mushroom cream sauce and seasonal vegetables

TUSCAN GRILLED CHICKEN **GF** 14

Sun-dried tomato apricot walnut cream sauce, basmati lentil rice and seasonal vegetables (All Natural Chicken)

PENNE RUSTICA **VEG**

Spinach and portobello mushrooms tossed in a roasted tomato cream sauce

- vegetarian 12
- with jalapeño sausage 13
- with grilled chicken breast (All Natural Chicken) 13
- with grilled shrimp 15

SWEETS & DRINKS

SWEET TRAYS

ASSORTED MINI CARROT CAKES, BROWNIES AND CHEESECAKES 4/PERSON

(2 pieces per order, minimum of 8 orders is required.)

ASSORTED COOKIES 1.25 EACH

INDIVIDUAL DRINKS

- ASSORTED SODAS 2
- BOTTLED WATER 1.50
- PERRIER 2.50

BULK DRINKS

ONE GALLON SERVES 10-12 PEOPLE

- GALLON OF ICED TEA 14
- Classic or Fresh Mint

- GALLON OF FRESHLY SQUEEZED LEMONADE 20
- Classic, Strawberry or Raspberry

- GALLON OF FRESHLY SQUEEZED ORANGE JUICE 22



TAKEOUT, DELIVERY, & CATERING

832.913.6150
832.913.8125 FAX

22756 Westheimer Parkway
Suite 100
Katy, TX 77450



TAKEOUT & DELIVERY

APPETIZERS

CRAB CAKES 13
Two blue crab cakes topped with sweet roasted corn and chipotle chili sauce on a bed of baby greens

HOMEMADE HUMMUS VEG 8
Choice of Tuscan or jalapeño hummus with toasted pita bread
Sub carrots and hothouse cucumbers **GF** Add 2

SPINACH ARTICHOKE DIP VEG GF 11
Homemade tortilla chips, pico de gallo and our signature Tzatziki

BAKED GOAT CHEESE WITH TOASTED BAGUETTE VEG 11
Topped with crumbled candied walnuts and dried apricots

SOUTHWESTERN BEEF TENDERLOIN OR CHICKEN QUESADILLAS 11
Guacamole and chipotle chili sauce (All Natural Chicken)

1/2-LB. BURGERS & MORE

CERTIFIED ANGUS BEEF ® AND FRESHLY-BAKED SLOW DOUGH BREAD CO. BRIOCHE BUN, WITH HAND-CUT FRIES

TOPPINGS INCLUDE LETTUCE, TOMATO, ONION AND PICKLES

BISTRO CHIPOTLE 14
Applewood-smoked bacon, avocado, cheddar and chipotle sauce

MUSHROOM SWISS 13
Caramelized onion, sweet cheesem salted mushrooms and mayo

CHEESEBURGER AMERICANA 12
Cheddar and mayo

BISTRO CHIPOTLE CHEESEBURGER 14
Applewood-smoked bacon, avocado and cheddar

QUINOA AND KALE VEG 13
Organic classic: provolone, avocado, black beans and pico de gallo

CALIFORNIA CHICKEN 13
Provolone, avocado and honey habanero aioli (All Natural Chicken)

BISTRO SALADS

CHOICE OF GARLIC OR PITA BREAD
TRY IT WITH A CUP OF SOUP 4

TOSTADA SALAD VEG GF 11
Cuban black beans, roasted corn, tomato, scallion, mixed greens and cilantro-lime dressing with homemade tortilla strips
With grilled chicken breast (All Natural Chicken) 13
With grilled shrimp 14

BLACK BEAN ORZO PASTA SALAD VEG 11
A refreshing blend of orzo pasta, red onion, black beans, red and green bell pepper tossed in cilantro-lime-jalapeño dressing
With grilled chicken breast (All Natural Chicken) 13
With grilled shrimp 14

ORGANIC QUINOA SALAD VEG GF 12
Roasted zucchini, broccoli, red bell pepper, red onion, cauliflower with arugula, lemon zest and roasted garlic vinaigrette
With grilled shrimp 15 With mixed kabob 16
With grilled salmon 16

LOCAL FARMER'S MARKET VEG GF 11
Hothouse cucumber, cherry tomato, radish, Kalamata olive, red onion, feta, herb roasted garlic vinaigrette on mixed greens
With grilled chicken breast (All Natural Chicken) 13
With seasoned lamb and beef 13

BEEF TENDERLOIN FAJITA SALAD GF 15
Mixed greens and tomato tossed in chunky feta jalapeño dressing and topped with beef tenderloin, avocado and homemade tortilla strips

KALE SALAD VEG GF 11
Golden raisins, dried cranberries, Parmesan and candied walnuts in a lemon zest roasted garlic vinaigrette
With grilled chicken breast (All Natural Chicken) 13
With grilled shrimp 14
With grilled salmon 15

CHICKEN SALAD PLATE WITH FRESH FRUIT 12
Walnuts, celery, apple and light mayo (All Natural Chicken)

GRILLED SALMON WEDGE 15
Chunky feta jalapeño dressing and orzo pasta salad

ENTREES

TRY IT WITH A HOUSE SALAD OR A CUP OF SOUP 4

GYROS PLATE WITH HAND-CUT FRIES 16
Slices of savory seasoned lamb and beef, our signature Tzatziki, jalapeño hummus, tomato, onion and warm pita

LOCAL TABLE'S KABOB PLATE GF 17
Tender and juicy skewers of beef tenderloin, grilled chicken or a combination of both with herb basmati rice, seasonal vegetables and warm pita

MAMA'S MEATLOAF 15
A neighborhood favorite: our Certified Angus beef meatloaf, poblano mushroom potato mash and green beans

LEMON PASTA 13
Angel hair pasta tossed in lemon zest and olive oil with capers, sun-dried tomatoes and garlic toast
With grilled chicken (All Natural Chicken) 15
With grilled shrimp 16

PENNE RUSTICA VEG 13
Spinach and portobello mushrooms tossed in a roasted tomato cream sauce with garlic toast
With grilled jalapeño sausage 15 With grilled shrimp 16

MEDITERRANEAN SALMON GF 18
Grilled salmon, guacamole, feta with herb basmati rice and seasonal market vegetables

POBLANO CHICKEN 15
Flame-kissed grilled chicken with roasted Anaheim chile cream sauce, herb basmati rice, and seasonal market vegetables (All Natural Chicken)

TUSCAN GRILLED CHICKEN GF 15
Sun-dried tomato apricot walnut cream sauce, basmati lentil rice, seasonal vegetables and warm pita (All nNtural Chicken)

SOUTHERN CHICKEN-FRIED CHICKEN 15
Crispy chicken breast, garlic mashed potato with creamy poblano mushroom sauce, and seasonal market vegetables (All Natural Chicken)

HONEY GINGER GLAZED SALMON 18
Basmati lentil rice, seasonal vegetables and garlic toast

WOOD STONE PIZZAS

TERIYAKI 13
Grilled chicken, Applewood-smoked bacon, pineapple, red onion and fresh mozzarella (All Natural Chicken)

MARGHERITA VEG 13
Cherry tomatoes, fresh mozzarella, arugula and fresh homemade basil pesto

RUSTICA 13
Jalapeño sausage, fire-roasted red bell pepper, mushrooms, fresh mozzarella and homemade marinara sauce

MUSHROOM VEG 13
Button and portobello mushrooms, crushed red pepper, arugula, homemade basil pesto marinara sauce, fresh mozzarella and Parmesan cheese, topped with a fried egg

MEATBALL 13
Homemade meatballs, caramelized onions, fresh mozzarella, arugula, shaved parmesan, house made marinara sauce

PEPPERONI 13
Pepperoni, marinara, mozzarella

SANDWICHES, WRAPS & TACOS

TRY IT WITH A HOUSE SALAD OR CUP OF SOUP 4

CLASSIC GRILLED CHICKEN BAGUETTE WITH HAND-CUT FRIES 12
Provolone cheese, roasted red bell pepper, basil pesto and fresh mixed greens (All Natural Chicken)

PHILLY STEAK BAGUETTE WITH HAND-CUT FRIES 13
Grilled slices of beef tenderloin, caramelized onion, button mushrooms, bell pepper, provolone and mayo

LOCAL CLUB ON WHEAT WITH HAND-CUT FRIES 12
Applewood-smoked bacon, imported ham, turkey, American and provolone cheeses, lettuce, tomato and mayo

GYRO PITA WITH HAND-CUT FRIES 12
Seasoned lamb and beef with tomato, onion and our signature Tzatziki

CHICKEN GYROS PITA 11
Grilled chicken, tomato, onion and our signature Tzatziki.
Served with cajun seasoned hand-cut fries. (All Natural Chicken)

SONOMA CHICKEN SALAD ON WHEAT WITH BLACK BEAN ORZO PASTA SALAD 11
Walnut, apple, celery, arugula and light mayo (All Natural Chicken)

SMOKED TURKEY FOCACCIA WITH ICEBERG WEDGE SALAD & CHUNKY FETA JALAPENO DRESSING 13
Provolone, avocado, arugula and sun-dried tomato pesto

BAJA CHICKEN WRAP WITH ICEBERG WEDGE SALAD & CHUNKY FETA JALAPENO DRESSING 13
Whole wheat tortilla, avocado, Cuban black beans, lettuce, tomato, feta and homemade chipotle chili sauce (All Natural Chicken)

MEDITERRANEAN WRAP WITH ICEBERG WEDGE SALAD & CHUNKY FETA JALAPENO DRESSING 12
Whole wheat tortilla, seasoned lamb and beef, tomato, onion, lettuce and our signature Tzatziki

HONEY GLAZED SALMON WRAP WITH ICEBERG WEDGE SALAD & CHUNKY FETA JALAPENO DRESSING 14
Grilled salmon in honey ginger marinade, whole wheat tortilla with spring mix, bacon, avocado, and chipotle chili sauce

GARDEN OF EATIN' WRAP WITH WEDGE SALAD VEG 12
Whole wheat tortilla, zucchini, red bell pepper, black beans, avocado, lettuce, tomato and homemade jalapeño hummus

SPICY BEEF TENDERLOIN TACOS WITH HOMEMADE BLACK BEANS 13
Three flour tortillas with honey habanero aioli slaw

SPICY SHRIMP TACOS WITH HOMEMADE BLACK BEANS 13
Three corn tortillas with honey habanero aioli slaw

BLACKENED SALMON TACOS WITH HOMEMADE BLACK BEANS 14
Three corn tortillas with honey habanero aioli slaw

BEEF TENDERLOIN FAJITA WRAP 13
Avocado, tomato, black beans, lettuce, and chipotle chili sauce in a whole wheat tortilla. Served with an iceberg wedge salad topped with chunky feta jalapeno dressing

FOR THE KIDS

(12 AND UNDER) FREE COOKIE FOR SMILING FACES!

CHICKEN FINGERS WITH HAND-CUT FRIES (All Natural Chicken) 6

CHEESE QUESADILLAS 5

CHICKEN ALFREDO (All Natural Chicken) 6

GRILLED CHEESE 5

CHEESEBURGER WITH HAND-CUT FRIES 6

PENNE WITH MEATBALLS 6

GRILLED CHICKEN WITH STEAMED BROCCOLI (All Natural Chicken) 6

CAPELLINI PASTA WITH GRILLED CHICKEN AND MARINARA (All Natural Chicken) 6

FRESH HOMEMADE SOUPS

CUP 4 BOWL 7

CUBAN BLACK BEAN WITH FRESH PICO DE GALLO VEG GF 11

SOUTHWESTERN CHICKEN TORTILLA GF (All Natural Chicken) 11

FIRE-ROASTED TOMATO BASIL VEG GF 13

DESSERTS

WHITE & DARK CHOCOLATE MOUSSE CAKE 7

CARROT CAKE 7

NEW YORK CHEESECAKE 7

KEY LIME PIE 7

BROWNIES (2 PCS) 3

HOMEMADE CROISSANT BREAD PUDDING 7.5

DRINKS

FRESHLY SQUEEZED LEMONADE 3.50
Classic, Strawberry, or Raspberry

FRESHLY SQUEEZED ORANGE JUICE 3.50

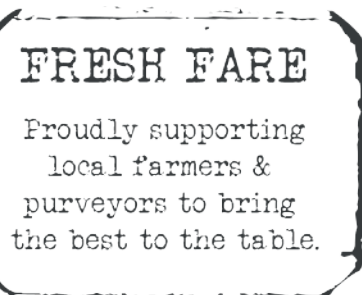
ICED TEA 2.25
Classic or Mint

ARNOLD PALMER 3

SODAS 2.25

PERRIER OR SPRING WATER 3

HOT MILK CHOCOLATE 3



VEG - Vegetarian GF - Gluten-Friendly

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JOIN US FOR BRUNCH SATURDAYS AND SUNDAYS!